

Hot Meal Menu

Summer 2024

Swaythling Primary School

Week One | 15th Apr | 6th May | 3rd Jun | 24th Jun | 15th Jul | 9th Sep | 30th Sep | 21st Oct

Monday

Italian chicken goujons with potato wedges (n)
or Tomato pasta (ve)
or cheese roll or baguette packed lunch (v)

Dessert Option

Marble shortbread

Tuesday

Chicken curry with rice
or Cheese & tomato pizza with potato of the day (v)
or ham roll or baguette packed lunch

Banana cake

Wednesday

Vegan sausage roll with sweet potato mash (v)
or Cheese Ploughman's (v)
or cheese roll or baguette packed lunch (v)

All dishes are served

with

seasonal veg
& salad

Ice cream

Thursday

Roast of the day, gravy & roast potatoes
or Sweet potato parcel, gravy & roast potatoes (ve,n)
or tuna mayonnaise roll or baguette packed lunch

Mini flapjack with
fruit wedges

Friday

Fish fingers with chips
or Sweet & sour meat-free balls with rice (ve,n)
or cheese roll or baguette packed lunch (v)

Fruit yoghurt muffin

Week Two | 22nd Apr | 13th May | 10th June | 1st July | 22nd Jul | 16th Sept | 7th Oct

Monday

Chicken nuggets with waffle fries
or Vegetable goujons with waffle fries (ve)
or cheese roll or baguette packed lunch (v)

Dessert Option

Vanilla crunch

Tuesday

Beef Bolognese pasta
or Cheese & tomato pizza with potato of the day (v)
or ham roll or baguette packed lunch

Summer muffin

Wednesday

Vegan sausage hotdog with mini potato bites (ve)
or Quorn & bean patty with mini potato bites (v,n)
or cheese roll or baguette packed lunch (v)

All dishes are served

with

seasonal veg
& salad

Mini oaty cookie with
fruit wedges

Thursday

Roast chicken, gravy & roast potatoes
or Golden potato cake, gravy & roast potatoes (v,n)
or tuna mayonnaise roll or baguette packed lunch

Chocolate crinkle cookie

Friday

Salmon fishcake with chips
or Rainbow French bread pizza with chips (v)
or cheese roll or baguette packed lunch (v)

Iced sponge

Week Three | 29th Apr | 20th May | 17th June | 8th July | 2nd Sep | 23rd Sep | 14th Oct

Monday

Pork sausages with creamy mashed potato
or Vegetarian Bolognese with pasta (v)
or cheese roll or baguette packed lunch (v)

Dessert Option

Ice cream

Tuesday

BLT wrap with potato of the day
or Cheese & tomato pizza with potato of the day (v)
or ham roll or baguette packed lunch

Fruit brownie

Wednesday

Macaroni cheese (v)
Quorn nuggets with potato wedges (ve)
or cheese roll or baguette packed lunch (v)

All dishes are served

with

seasonal veg
& salad

Iced shortbread

Thursday

Roast chicken, gravy & roast potatoes
or Vegan sausage turnover, gravy & roast potatoes (ve)
or tuna mayonnaise roll or baguette packed lunch

Mini blondie cracknel
with fruit wedges

Friday

Fish fingers with chips
or Mexican cheese quesadilla with chips (v,n)
or cheese roll or baguette packed lunch (v)

Apple slice

Selection of fruit, seasonal salad, freshly made bread, yoghurt & water - available daily!