Week 1: Week commencing: 15th April | 6th May | 27th May | 17th June | 8th July | 29th July | 19th Aug | 9th Sept | 30th Sept | 21st Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1st Choice	Italian chicken goujons none	Chicken curry wheat/gluten	Vegan sausage wheat/gluten	Roast chicken none	Fish fingers wheat/gluten, fish
2nd Choice	Vegetarian Bolognese wheat/gluten, egg	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Macaroni cheese wheat/gluten, milk	Sweet potato parcel wheat/gluten – egg & milk (if using egg wash)	Vegetarian Bolognese wheat/gluten, egg
3rd choice	Jacket potato none with cheese milk	Jacket potato none with baked beans none	Jacket potato none with cheese milk	Jacket potato none with tuna egg, fish	Jacket potato none with baked beans none
Vegetable/Salad Selection	Pasta wheat/gluten Mashed Potato milk if using milk Seasonal vegetables none	Rice none Seasonal vegetables none	Mashed Potato milk if using milk Seasonal vegetables none	Mashed Potato milk if using milk Seasonal vegetables none	Pasta wheat/gluten Chips none Seasonal vegetables none
Dessert	Marble shortbread wheat/gluten	Banana cake wheat/gluten, egg, milk	Ice cream milk	Fruit wedges none	Fruit yoghurt muffin wheat/gluten, egg, milk, soya

Week 2: Week commencing: 22nd April | 13th May | 3rd June | 24th June | 15th July | 22nd July | 5th Aug | 26th Aug | 16th Sept | 7th Oct | 28th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1st Choice	Beef Bolognese wheat/gluten	Chicken nuggets none	Vegetarian Bolognese wheat/gluten, egg	Roast chicken none & gravy none	Fish fingers wheat/gluten, fish
2nd Choice	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Macaroni cheese wheat/gluten, milk	Quorn & bean patty wheat/gluten, egg	Golden potato cake egg	Vegetable goujons none
3rd choice	Jacket potato none with cheese milk	Jacket potato none with baked beans none	Jacket potato none with cheese milk	Jacket potato none with tuna egg, fish	Jacket potato none with baked beans none
Vegetable/Salad Selection	Pasta wheat/gluten Seasonal vegetables none	Mashed Potato milk if using milk Seasonal vegetables none	Pasta wheat/gluten Mashed Potato milk if using milk Seasonal vegetables none	Mashed Potato milk if using milk Seasonal vegetables none	Chips none Seasonal vegetables none
Dessert	Fruit yoghurt Milk, soya Seasonal fruit none	Summer muffin wheat/gluten, egg, milk Seasonal fruit none	Fruit wedges none Seasonal fruit none	Banana custard milk Seasonal fruit none	Iced sponge wheat/gluten, egg, milk Seasonal fruit none

City Catering Schools
Pouring love into every meal

Week 3: Week commencing: 29th April | 20th May | 10th June | 1st July | 22nd July | 12th Aug | 2nd Sept | 23rd Sept | 14th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1st Choice	Pork sausages (wheat/gluten, soya, sulphur dioxide/sulphites) gravy (none)	Chicken curry wheat/gluten	Macaroni cheese wheat/gluten, milk	Roast chicken none & gravy none	Fish fingers wheat/gluten, fish
2nd Choice	Vegetarian Bolognese wheat/gluten, egg	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn nuggets wheat/gluten	Vegan sausage turnover wheat/gluten – egg & milk (if using egg wash)	Vegetable goujons none
3rd choice	Jacket potato none with cheese milk	Jacket potato none with baked beans none	Jacket potato none with cheese milk	Jacket potato none with tuna egg, fish	Jacket potato none with baked beans none
Vegetable/Salad Selection	Pasta wheat/gluten Mashed Potato milk if using milk Seasonal vegetables none	Rice none Seasonal vegetables none	Mashed Potato milk if using milk Seasonal vegetables none	Mashed Potato milk if using milk Seasonal vegetables none	Chips none Seasonal vegetables none
Dessert	Ice cream milk Seasonal fruit none	Brownie wheat/gluten, egg Seasonal fruit none	Fruit yoghurt Milk, soya Seasonal fruit none	Fruit wedges none Seasonal fruit none	Iced sponge wheat/gluten, egg, milk Seasonal fruit none